2 Nephi 1-5

July 15-21
After explaining that Lehi taught his family about freedom to make our own choices, invite children to share experiences they have had choosing the right.

How did they feel after they made that choice?

How can they remember to choose the right in the future?
Teach the Doctrine

- Click here for the "Younger Children’s" Program

*Click here for the "Older Children’s" Program
Encourage the children to notice opportunities they have to make choices this week.

Invite them to be ready to share next week what choices they made and the results of their choices.
• **Our Closing Prayer will be given by**

• *(Enter name here)*
*THE END*
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This presentation is intended to supplement, not replace, the lesson manual and scriptures.

Teachers should refer to the manual, scriptures and other resources when preparing and conducting the lesson.
Younger program
The principle taught in this verse—obedience brings blessings—is illustrated often throughout the Book of Mormon.

Consider how you can help the children recognize it in their own lives.

*I am blessed when I obey.*
*I am blessed when I obey.*

*Click on the Activity below that you want to go to:*

*Possible Activity ‘A’*
*Possible Activity ‘B’*
*God gave me the freedom to choose.

*Because of their choices, Adam and Eve had to leave the Garden of Eden.

*How can you teach the children that Adam and Eve’s choice allows us to use our agency to choose Heavenly Father today?
God gave me the freedom to choose.

Click on the Activity below that you want to go to:

* Possible Activity ‘A’
* Possible Activity ‘B’
* Possible Activity ‘C’
* Possible Activity ‘D’
*Older program*
When children have faith that God will bless them for keeping the commandments—even if those blessings do not come right away—it is easier for them to make righteous choices.
Click on the Activity below that you want to go to:
* Possible Activity ‘A’
* Possible Activity ‘B’
Jesus Christ saved us from physical death and spiritual death (separation from God because of sin) through His Atonement and Resurrection.

In order to live with Heavenly Father again, we must use our agency to continually repent and strive to live righteously.

God gave me freedom to choose.
God gave me freedom to choose.

* Click on the Activity below that you want to go to:
  * Possible Activity ‘A’
  * Possible Activity ‘B’
  * Possible Activity ‘C’
Joseph Smith was a “choice seer.”

In 2 Nephi 3, Lehi referred to a prophecy about the Prophet Joseph Smith.
You can use this as an opportunity to teach the children about his mission in the latter days.
*Click on the Activity below that you want to go to:

* Possible Activity ‘A’
* Possible Activity ‘B’
Younger Possible 1
Ask the children to help you define the word *commandments* and make a list of commandments.

Read [2 Nephi 1:20](https://books.churchofjesuschrist.org/en/bible/book-of-mormon/2-ne/1/20), and emphasize that we will “prosper,” or be blessed, when we keep the commandments.

How do we feel when we keep these commandments?
Show the children things that offer protection, such as shoes, hats, and gloves. Let them try them on.

How do these things protect us? Tell them that Heavenly Father’s commandments can protect us from spiritual danger.

Share an experience when you were protected by following the commandments.
Younger Possible 2
* God gave me the freedom to choose.

Possible Activity ‘A’

* Draw a picture of a free person and a picture of a captive person (perhaps a person in jail), and invite the children to point at the correct picture when you read the words *free* and *captivity* in 2 Nephi 2:27.

* Emphasize the phrase “free to choose,” and invite each child to repeat it.
*God gave me the freedom to choose.

Possible Activity ‘B’

*Review with the children the story of Adam and Eve (see 2 Nephi 2:17-19; see also “Chapter 3: Adam and Eve,” Old Testament Stories, 15-18, or the corresponding video on ChurchofJesusChrist.org) and the choice they made in the Garden of Eden.

*Help the children list some choices they make every day.

*Testify that our Heavenly Father gave us freedom to choose between good and evil, and invite the children to jump up and down or clap their hands to celebrate being free to choose.
*God gave me the freedom to choose. Possible Activity ‘C’*

* Play a game in which you say a word (such as *light*) and the children say its opposite (*dark*).
* Repeat this activity several times.
* Tell the children stories about a child who is tempted to make a wrong choice.
* Help the children think of what the opposite of that choice is, and invite them to act it out.
* Testify that Heavenly Father blesses us when we choose the right.
* God gave me the freedom to choose.

Possible Activity ‘D’

* Sing together a song about making choices, such as “I’m Trying to Be like Jesus” or “Choose the Right Way” (Children’s Songbook, 78-79, 160-61), and ask the children what they learn from the song about making choices.
*Older Possible 1*
* I am blessed when I obey.  Possible Activity ‘A’

* Help the children review some of the choices that Nephi and his brothers made.

* For some examples, see 1 Nephi 2:11-16; 3:5-7; and 18:9-11.

* Invite them to read 2 Nephi 1:20 together and share why they think Lehi would give this message to his children.
*Write phrases from 2 Nephi 1:20 on strips of paper, and discuss what the phrases mean.

*Invite the children to put the strips in the correct order using the verse.

*To illustrate the difference between prospering and being cut off, show the children a healthy plant and a leaf or branch that has been cut off from the plant.

*What is the difference between a leaf that is on the plant and one that has been cut off?

*How are we like the leaf on the plant when we obey God’s commandments?

*Invite the children to record in a journal ways God blesses them when they choose the right.
God gave me freedom to choose. Possible Activity ‘A’

* Hold up a picture of Adam and Eve (see Gospel Art Book, no. 4), and invite the children to share what they know about what happened to Adam and Eve in the Garden of Eden.

* Help the children find answers in 2 Nephi 2:22-27.

* Explain that because of Adam and Eve’s choice, we are blessed to come to earth and use our agency to make good choices and repent through Christ’s Atonement when we make wrong choices.
*God gave me freedom to choose. Possible Activity ‘B’*

*Write the words of 2 Nephi 2:27 on the board.

*Help the children memorize the verse by repeating it and taking turns erasing words every time they repeat it.

*Help the children imagine what a life without choices would be like.

*Why are they grateful for agency?
*God gave me freedom to choose. Possible Activity ‘C’*

* Invite the children to share an experience when they made a good choice.
* How did they feel after they made that choice?
* What can we do to help ourselves choose the right when we are tempted to do something wrong?
* Consider singing a song about making choices, such as “Choose the Right” (Hymns, no. 239), and invite the children to share what they learn from the song.
*Older Possible 3*
* Joseph Smith was a “choice seer.”

Possible Activity ‘A’

* Invite the children to search 2 Nephi 3:6-24 for clues about which prophet is being spoken of.
* List the clues on the board.
* Why is Joseph Smith called a “choice seer”?
* What did Joseph Smith do that is “of great worth to [his brethren]”? (verse 7).
* Joseph Smith was a “choice seer.”

Possible Activity ‘B’

* Sing a hymn about Joseph Smith, such as “Praise to the Man” (Hymns, no. 27), or watch a video that depicts different aspects of his mission, such as those found at history.ChurchofJesusChrist.org/article/joseph-smith-video-downloads.

* Ask the children why they are grateful for the Prophet Joseph Smith.
Resources
Referenced Scriptures